

# UNIT: AROUND TOWN

## Week Two

### Theme Goals

#### Children should know that:

- A grocery store is a place where we can go to buy many different types of food. Some of the foods that a grocery store has are: cereal, pasta, rice, bread, milk, juice, fruits, vegetables, cheese, eggs and snacks.
- When we want something from a grocery store, we can't just take it. We have to buy it. That means that we have to give the storekeeper money to pay for the thing that we want.
- Money in a store is kept in a box called a cash register. The storekeeper adds up the cost of all the things we want, gives us a total of how much it costs, puts the money that we give into the cash register and gives us change from the cash register.
- A salesperson is someone who stands behind the counter in a store near the cash register. The salesperson adds up the cost of everything we want to buy and tells us how much money we have to pay. Sometimes the salesperson is also the storeowner or storekeeper.
- Before we buy anything from a store, we have to check the package to see if it's Kosher. Kosher foods are foods especially good for our Neshamah, just like healthy foods are good for our body.
- There is a special sign on the package that says that it's Kosher. Some symbols that tell us that things are Kosher are: O-U, O-K, ט-K and ★-K. Sometimes a package has Hebrew lettering called a hechsher. However we have to read it carefully to see the name of the Rabbi who signed the hechsher to make sure it's somebody whom we know and trust.
- Some foods are healthy and some are not. Healthy foods are foods that are good for our body and make us strong because they a lot of vitamins and minerals.
- Fruits and vegetables are very healthy for us to eat. Things with a lot of sugar and oil is not healthy and we shouldn't have too much of it. Proteins, such as meat, milk and fish, is also healthy because those things have a lot of vitamins and minerals in them.

# Shopping Cart Bulletin Board

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## Materials:

- Oak tag
- Wrappers of food
- Glue
- Markers
- Popsicle sticks
- Silver foil
- Thick black marker
- Scissors
- Cardstock

## Aim:

*Children should know that a grocery store is a place where we can go to buy many different types of food. Some of the foods that a grocery store has are: cereal, pasta, rice, bread, milk, juice, fruits, vegetables, cheese, eggs and snacks.*

## Advance Preparation:

- Draw and cut out a shopping cart from the oaktag.
- Put the words "The Grocery Store" on the bulletin board.

## Activity:

- Divide children into two groups. One group should draw different foods that we buy in a grocery store on cardstock and cut them out.
- Give popsicle sticks and silver foil to the other group. Show children how to wrap the silver foil around the popsicle sticks. Then children should glue the wrapped popsicles sticks on the lines of the shopping cart drawn on the oaktag.
- Lay all wrappers of food on a separate table. Let children come one or two at a time and choose a wrapper.
- Children can cut out the name of the product from the wrapper or whatever else they want to show from the wrapper.
- Children can glue the wrapper and any food drawings in the shopping cart.
- Allow shopping cart to dry.

## Subsequent Teacher Actions:

- Hang up shopping cart on bulletin board.



## Music and Movement

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### **The Kosher Song (Uncle Moishy Volume 1)**

All the animals that I eat  
Must chew their cud  
And have split feet  
Kosher meat just can't be beat  
So I want only Kosher

**Chorus:**  
So every time I'm in the market  
Only food with a Kosher sign on  
it  
It's good for me and it's good for  
you  
And what do you know? Hashem  
loves it too!

Throw away your ham and  
bacon  
I won't eat it you're mistaken  
I'm a Jew and I'm not fakin'  
I want only Kosher

**Chorus:**  
All the chocolate bars I eat  
They taste real good and taste real sweet  
But I make sure to look and see  
The sign that says it's Kosher  
  
**Chorus:**

#### **Aim:**

*Children should know that before we buy anything from a store, we have to check the package to see if it's Kosher. Kosher foods are foods especially good for our Neshama, just like healthy foods are good for our body. There is a special sign on the package that says that it's Kosher.*

## Field Trip

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- Trip to local grocery store—either just to look around or give children money (\$1) and let them choose a fruit or vegetable to buy.

#### **Aim:**

*Children should know that when we want something from a grocery store, we can't just take it. We have to buy it. That means that we have to give the storekeeper money to pay for the thing we want. Money in a store is kept in a box called a cash register. The storekeeper adds up all the things we want, gives us a total of how much it costs, puts the money that we give into the cash register and gives us change from the cash register.*

## Experience Book

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“I Like Going to the Grocery Store Because...”--Why do you like to go to the grocery store?  
“Our Trip to the Grocery Store”

# Kosher Shopping Cart

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## Materials:

- Kosher shopping cart paper (see next page)
- Pencils
- Wrappers of foods
- Glue
- Scissors

## Advance Preparation:

- Copy Kosher shopping cart paper on cardstock.

## Activity:

- Children draw foods that we buy in a grocery store in the shopping cart using the pencils.
- Children choose three wrappers from the pile of wrappers and look for the Kosher symbol.
- When children find the Kosher symbol, they should cut it out and glue it in the Kosher shopping cart.

## Aim:

1. Children should know that before we buy anything from a store, we have to check the package to see if it's Kosher. Kosher foods are foods especially good for our Neshama, just like healthy foods are good for our body.
2. There is a special sign on the package that says that it's Kosher. Some symbols that tell us that things are Kosher are: O-U, O-K, ג-K and \*K. Sometimes a package has Hebrew lettering called a hechsher. However we have to read it carefully to see the name of the Rabbi who signed the hechsher to make sure that it's somebody we know and trust.



# Kosher Shopping Cart



## Fruit Salad

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**Note:** *This is a great follow-up activity to a trip the grocery store where children can buy the fruit for the fruit salad.*

**Materials:**

- Fruit:
  - Oranges
  - Apples
  - Grapes
  - Pears
  - Strawberries
  - And any other fruit...
- Mixing bowl
- Grape juice
- Plastic knives
- Plates

**Advance Preparation:**

- Wash and peel any fruit that needs to be washed or peeled.

**Activity:**

- Ask children what fruit they would like to cut.
- Hand out the fruit based on the children's choice.
- Give out plates and knives.
- Let children cut the fruit in small pieces and put them in the big bowl.

**Subsequent Teacher Actions:**

- Dress salad with grape juice and mix well.
- Give out some salad to each child .

## Kosher Hunt in the Kitchen

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**Activity:**

- Take children to the kitchen and let them look around for various foods. Help them find a variety.
- Seat children down with their food selection and let them find the Kosher symbol on the package. Help children where the symbol is really small or are having difficulty.
- Repeat this two-three times until children notice various Kosher symbols and realize that each package in the kitchen has a Kosher symbol.

**Aim:**

*Children should know that some symbols that tell us that things are Kosher are: O-U, O-K, ⚡-K and ✱-K. Sometimes a package has Hebrew lettering called a hechsher. However we have to read it carefully to see the name of the Rabbi who signed the hechsher to make sure it's somebody whom we know and trust.*

# Kosher Candy Hunt

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## Materials:

- Candies with hechsher on the wrapper
- Candies with hechsher just on the bag and not on each individual wrapper
- Small can
- Sandwich bags
- Chart stand
- Thin markers
- Colored stickers

## Aim:

Children should know that some symbols that tell us that things are Kosher are: O-U, O-K, ן-K and \*K. Sometimes a package has Hebrew lettering called a hechsher. However we have to read it carefully to see the name of the Rabbi who signed the hechsher to make sure it's somebody whom we know and trust.

## Advance Preparation:

- Spread out all the candies in an open area.
- Put the can in a corner of the area.
- Divide paper on chart stand into enough columns—one per color and one for “non-Kosher” candies. Make headings on top of each column.

## Activity:

- Tell children that we will be looking for Kosher candies. Show children how to look for a hechsher and different kinds of hechsherim. Warn children that Morah would never give non-Kosher candies to the children, but that some candies have a hechsher just on the bag and if we don't see the bag we don't know if it's Kosher or not.
- Give children sandwich bags and let them collect candies. However, they must check if it has a hechsher. If it doesn't have a hechsher they throw it in the “garbage can.”
- When all candies are collected seat children in a circle and let them sort the candies by color.
- Put one sticker per candy on the chart stand paper—in the correct color column.
- Count which color has the most/least, etc.

# Books of the Week

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<u>Title</u>	<u>Last Name</u>	<u>First Name</u>
We Like Fruit	Lee	Millen
Oranges	Snyder	Inez
The Porridge is Ready, but Something is Missing		
Two Eggs, Please	Weeks	Sarah
Apples	Snyder	Inez
Supermarket	Canizares	Susan
Tomatoes	Snyder	Inez
Cranberries	Snyder	Inez
Markets		
Oranges for Orange Juice	Lanczak Williams	Rozanne

## Learning Centers

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### Art

**Task:** Make shelves in a grocery store using popsicle sticks and stock them with food stickers.

**Materials:** Popsicle sticks

Food stickers

Construction paper

Labels with children's names

### Blocks

**Task:** Build a grocery store.

**Materials:** Blocks

Play food

### Writing

**Task:** Draw and write a shopping list.

**Materials:** Shopping list paper (see next page)

Pencils

## Classroom Setup

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### Art Center

- Food wrappers
- Popsicle sticks
- Price tags
- Food stickers/cutouts/stencils

### Math Center

- Different types/pictures of food to sort, pattern, match and group
- Play coins and bills

### Science/Exploration Center

- Grocery scale

### Writing Center

- Shopping list paper

### Dramatic Play

- Cash register
- Shopping list paper
- Play food
- Grocery scale
- Shopping bags
- Shopping cart/basket

### Sensory Table

- Alphabet pasta



Sample Lesson Plan			Theme: <u>At the Grocery Store</u>	
	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>
9:00-9:30	Free Art Manipulatives Sensory Table: pasta	Free Art Manipulatives Sensory Table: pasta	Free Art Manipulatives Sensory Table: pasta	Free Art Manipulatives Sensory Table: pasta
9:30-9:50	Breakfast	Breakfast	Breakfast	Breakfast
9:50-10:10	Discussion: Grocery store, Kosher food	Puzzle: Eating the alphabet	Game: Pyramid match	Pre-math: Money introduction
10:10-10:35	Davening with calendar and weather	Davening with calendar and weather	Davening with calendar and weather	Davening with calendar and weather
10:35-11:05	Learning Centers	Learning Centers	Learning Centers	Learning Centers
11:05-11:20	Literature Circle	Literature Circle	Literature Circle	Literature Circle
11:20-11:40	Activity: Music and Movement-- The kosher song	Activity: Trip to grocery store	Activity: Kosher shopping cart	Activity: Fruit salad
11:40-12:00	Activity: Bulletin Board-- shopping cart and food	Activity: Experience book "At the Grocery Store"	Activity: Kosher candy hunt, kosher hunt in the kitchen	Activity: Parsha period
12:00-12:20	Gross Motor Play	Gross Motor Play	Gross Motor Play	Gross Motor Play
12:20-12:30	Language Circle	Language Circle	Language Circle	Language Circle
12:30-1:00	Lunch	Lunch	Lunch	Lunch
1:00-1:20	Brush teeth/prepare for nap	Brush teeth/prepare for nap	Brush teeth/prepare for nap	Brush teeth/prepare for nap
1:20-2:30	Nap	Nap	Nap	Nap
2:45-3:00	Language Circle	Language Circle	Language Circle	Language Circle
3:00-3:30	Outdoor/Gross Motor Free Play	Outdoor/Gross Motor Free Play	Outdoor/Gross Motor Free Play	Outdoor/Gross Motor Free Play
			<i>Learning Center Tasks:</i>	
			Art:	Make shelves in a grocery store and stock them with food stickers
			Blocks:	Build a grocery store
			Writing:	Draw and write a shopping list
			Math:	Put each type of coins in the box with the corresponding sticker

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